



FITNESS EXPRESS 25 - Terms and Conditions

Cancellation Policy:

- A 24 hour cancellation policy applies to scheduled sessions.
- Sessions cancelled or rearranged less than 24 hours in advance will be charged in full to the client.
- If a session is cancelled within 24 hours by the Personal Trainer, a complimentary session will be offered. The cancellation policy will be adhered to in all cases.
- Sessions will not be extended due to lateness of the client or due to interruptions caused by the client. Sessions can be cancelled and rearranged by contacting the Personal Trainer directly by phone on 07808518405.
- Refunds will not be given due to illness, injury or non participation.
- Any block of sessions purchased must be used within one year of the initial payment date.